

National Alliance on Mental Illness - Orange County Affiliate:
NAMI ORANGE COUNTY, NY P.O. BOX 637 MIDDLETOWN, NY 10940
845-956-6264 OR TOLL FREE 1-866-906-6264
Email: namiorangeny@warwick.net
Website: namiorangeny.org

INTERESTING WEB SITES PERTAINING TO MENTAL ILLNESS

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Mental Health Organizations

<http://namiorangeny.org>

NAMI Orange County, NY (Orange County affiliate of NAMI-NYS);

<http://www.naminys.org>

NAMI-NYS, our state organization

<http://www.nami.org>

NAMI, our national organization

<http://www.mhaorangeny.com>

Mental Health Association in Orange County, Inc.
has many great links and newsletters

<http://www.nmha.org>

Mental Health America

<http://www.accesssupports.org>

Access Supports for Living (formerly Occupations, Inc.) provides many services to Orange County residents, including employment services

<http://www.omh.ny.gov/>

New York State Office of Mental Health

Orange County Department of Mental Health

<https://www.orangecountygov.com>

then click on Departments tab, then Mental Health

Suicide Information

http://www.omh.ny.gov/omhweb/suicide_prevention/

New York State Suicide Prevention

<http://www.preventsuicideny.org/>

Suicide Prevention Center of New York State

New York Health Access

<http://wnylc.com/health/> provides articles, guides and training materials on access to health care services and health insurance programs

OVER

Mental Health Information

<http://www.naminys.org/nys/educational-materials/>

NAMI-NYS offers many viewable/downloadable documents to provide information to families and people with a serious mental illness

<http://www.naminys.org/mental-health-support/family-toolkit/>

Family Survival Kit includes a 54-page *Family Survival Handbook*, a collection of first-hand, practical information families spearheaded on how to work with mental health professionals, navigate the mental health system, and communicate with their loved one, as well as take care of themselves.

<http://www.psychcentral.com/resources>

Dr. Grohol's Mental Health Web Site

<http://www.mhnews.org/>

Behavioral Health News publishes a quarterly mental health newspaper available for viewing on-line as well as providing access to many years of back issues.

<http://www.mhselfhelp.org/>

National Mental Health Consumers' Self-Help Clearinghouse

<http://www.samhsa.gov/>

Substance Abuse and Mental Health Administration's National Mental Health Information Center

<http://www.nimh.nih.gov/>

National Institute of Mental Health

Bipolar and/or Depression

<http://depressioncentral.net>

Formerly "Dr. Ivan's Depression Central" has an incredible amount of links and information.

Dr. Ivan Goldberg died in 2013 and this site is now run by Dr. Satish Reddy. Internet's central clearinghouse for information on all types of depressive disorders and on the most effective treatments for individuals suffering from Major Depression, Manic-Depression (Bipolar Disorder), Cyclothymia, Dysthymia and other mood disorders.

<http://www.mcmanweb.com/index.html>

McMan's Depression and Bipolar Website has many links, newsletter, articles and book recommendations

<http://www.dbsalliance.org>

Depression and Bipolar Support Alliance (DBSA, formerly known as National Depressive and Manic-Depressive Association).

<http://www.wpic.pitt.edu/stanley/9thbipconf/schedule.htm>

The 9th International Conference on Bipolar Disorder took place June 09-11, 2011 in Pittsburgh, PA. It is held every 2 years. Most of the conference is available as audio or video segments for on-line viewing; 2013 conference unavailable on-line

Schizophrenia

<http://www.schizophrenia.com>

Non-profit source of education, support and information

Legal Issues

<http://www.lshv.org>

For low-income Hudson Valley residents who need representation for non-criminal legal matters.

[http://www.naminys.org/images/uploads/pdfs/How to Help when a person with mental illness is arrested.pdf](http://www.naminys.org/images/uploads/pdfs/How%20to%20Help%20when%20a%20person%20with%20mental%20illness%20is%20arrested.pdf)

Criminal Justice information including the handbook *When A Person With Mental illness Is Arrested: How to Help*

<http://www.naminys.org/images/uploads/pdfs/when-a-person-with-mental-illness-goes-to-prison.pdf>

When a Person with Mental Illness Goes to Prison-How to Help: A Guide for Family Members and Friends

<http://www.orangecountybarassociation.org>

Includes information regarding Legal Aide Society (845) 291-2454 which provides legal services for those charged with criminal offenses and for financially eligible adults in family court matters; and Pro Bono Services at (845)569-9110 which provides legal services for families and individuals threatened with eviction, for public benefits (federal and state), for families and individuals with disabilities and HIV, and for families with developmentally delayed children.

<http://www.bazelon.org>

Bazelon Center for Mental Health Law

Medications

<http://www.rxlist.com>

<http://www.druginfonet.com>

Stigma

<http://www.stigmanet.org/>

National Stigma Clearinghouse

<http://uhaweb.hartford.edu/owahl/resources.htm>

Otto Wahl's home page regarding stigma

Social Security/Medicare

<http://www.cms.hhs.gov/home/medicare.asp>

Centers for Medicare and Medicaid Services

<http://www.socialsecurity.gov>

Social Security on-line

[Social Security Online - The Red Book - A Guide to Work Incentives](http://www.socialsecurity.gov/redbook)

<http://www.socialsecurity.gov/redbook>

A summary guide to employment support for individuals with disabilities under the social security disability insurance (SSDI) and supplemental security income (SSI) programs

<http://www.socialsecurity.gov/work>

Ticket To Work information

<https://www.omh.ny.gov/omhweb/medicared>

Excellent source for Medicare D information as well as constant updates

<http://www.medicareadvocacy.org>

Click on "Info by Topic"

Medicaid

http://www.health.state.ny.us/health_care/medicaid/index.htm

New York State Department of Health provides information regarding Medicaid

<https://www.medicaid.org>

<https://www.omh.ny.gov/omhweb/medicaid/>

Includes updates on Medicaid

http://www.health.state.ny.us/health_care/medicaid/program/buy_in/index.htm

Information on Medicaid Buy-In